



How can we help you?

When you are upset or having trouble, the adults who are caring for you are here to help.



Safety is the goal.

Here are some ways we will try to support you:



Talk to you to help you calm down



Give you clear instructions



Help you make good decisions



Change the activity



Adults are here to help you and will not restrain you.

Hands on restraint is only allowed in an emergency when the safety of you or someone else is at risk.

You are receiving this information because you are staying at a Peel CAS foster home. The rules may be different at homes run by other organizations.

This information will be reviewed with you as part of your orientation within 24 hours, again at 7 days, and then on a regular schedule along with your rights and responsibilities.