
















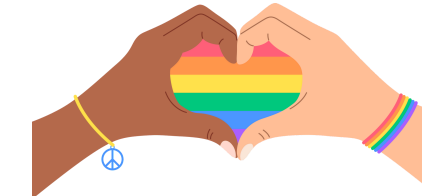





June 2025



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<div> <div>WELLNESS YOUR WAY!</div> <div>Support includes:</div> <ul style="list-style-type: none"> Mental Health & Substance Use Services Care Navigation Peer Support Community & Social Support Services <div>For more info: ywho@peelcas.org</div> <div>Drop-In: Monday - Friday 1:00-7:00pm*</div> <div>Unless otherwise stated.</div> </div>	<div>2</div> <div>  <div>Harmony in Community Music Program</div> <div>4pm - 7pm</div> </div>	<div>3</div> <div>  <div>WELLBEING FOR YOUTH WEEKLY WORKSHOP</div> <div>5:30-6:30</div> </div>	<div>4</div> <div> <div>Youth ADVISORY</div> <div>5:00pm - 6:30pm</div> </div>	<div>5</div> <div>  <div>Pot painting and planting</div> <div>5-6:30pm</div> </div>	<div>6</div> <div>  <div>Open Gym - 1 - 6:30pm</div> </div>	<div>June 6 - 10</div> <div> <div>HAPPY EID AL-ADHA</div> </div>
	<div>9</div> <div>  <div>Practice for Next Week's Showcase</div> <div>4pm - 7pm</div> </div>	<div>10</div> <div>  <div>WELLBEING FOR YOUTH WEEKLY WORKSHOP</div> <div>5:30-6:30</div> </div>	<div>11</div> <div> <div>Community Garden</div> <div>4:30 - 6:00pm</div>  </div>	<div>12</div> <div>  <div>Pride Paint night</div> <div>5:30 - 7:30</div> </div>	<div>13</div> <div> <div>No Drop in Today!!</div>  <div>Flag Football Game</div> <div>2:30-5:30pm</div> </div>	<div>NATIONAL INDIGENOUS HISTORY MONTH</div>
	<div>16</div> <div>  <div>Harmony in Community SHOWCASE!!</div> <div>4pm - 7pm</div> </div>	<div>17</div> <div>  <div>WELLBEING FOR YOUTH WEEKLY WORKSHOP</div> <div>5:30-6:30</div> </div>	<div>18</div> <div> <div>Youth ADVISORY</div> <div>5:00pm - 6:30pm</div> </div>	<div>19</div> <div> <div>HAPPY JUNE TEENTH</div> <div>MOVIE NIGHT</div> </div>	<div>20</div> <div>  <div>Open Gym - 1 - 6:30pm</div> </div>	<div>21st is National Indigenous People's Day</div>
	<div>23</div> <div>  <div>Game night</div> <div>5-6:30</div> </div>	<div>24</div> <div>  <div>WELLBEING FOR YOUTH WEEKLY WORKSHOP</div> <div>5:30-6:30</div> </div>	<div>25</div> <div> <div>Community Garden</div> <div>4:30 - 6:00pm</div>  </div>	<div>26</div> <div>  <div>Jewelry Making</div> <div>5-6:30</div> </div>	<div>27</div> <div>  <div>Open Gym - 1 - 6:30pm</div> </div>	
	<div>30</div> <div> <div>Make your own Smoothies</div> <div>2-4</div>  </div>		<div>Drop-In: Monday - Friday 1:00-7:00pm*</div> <div>Unless otherwise stated.</div>		<div>ywho Registration = Required</div>	<div>HAPPY PRIDE MONTH</div>



June 2025

Program Descriptions and Registration

Harmony in Community - Monday's 4:00 - 5:30pm and 5:30 - 7:00pm April 7 - June 16

Join Zamar Music Inc. for a music wellness journey! 🎵🌟 Dive into the world of music, creativity, and self-expression through classes in Mindful Rhythms & Instrument Exploration, and Lyrics & Beat Lab + Songwriting & Storytelling for ages 12 - 25.



Wellness for Youth Workshops - Tuesday's 5:30 - 6:30pm June 3rd, 10th, 17th & 24th

Hosted by our very own Danyel and Arden this Wellness series will open up conversations about what wellness means to you. Including sessions to discuss self-care, and explore various forms of wellness such as mental, physical, emotional, spiritual, and social with interactive activities.



Create pride themed art for display at our pride event and use in a pride theme calendar!

Paint Night
Thursday June 12
5:30 - 7:30
No registration required

Flag Football Game - June 13 - 2:30 - 5:30pm

Join us in playing a game of energizing flag football with the GTA Grizzlies Team!

Register to join a team and play!

Equipment flags & refreshments provided!

Location - Lincoln Alexander S.S., Miss. ON -

Meet at the hub @2pm, we'll travel together!



Game Night
Tuesday June 23rd
5pm - 6:30pm

Come socialize and play board, card and video games! For the 18+ crowd!

No registration required

